GOMS Eblast 11-4-22



We want to thank our students and community for helping the school raise over \$20,000 for our recent fundraiser. As a reward, many students were able to attend the Day of Awesomeness. There were lots of fun activities like obstacle courses, human foosball, and even a snow cone treat. The Parent Falcon Club uses these funds to fund student clubs, on-campus events, staff appreciation and curriculum enhancements. Thank you again for helping to raise funds for Granite Oaks.

Many students are now riding various forms of traditional and electronic transportation devices to school. Please take a moment to remind your student about the laws related to riding a bike, scooter, or other transportation devices.

HERE are the California State Laws regarding different transportation vehicle types. It is important to note that helmets are required for all of our students and that extra riders on bikes/scooters is against the law. We would like our students to stay safe and obey all of our traffic laws.

We hope you all have a great weekend!

All the best, Mr. Anaya and Mr. Holmes



Granite Oaks Middle School Spirit Wear is Back!

You can customize with colors, prints and choose from many different styles. 12% of all sales will come back to the school and orders are delivered straight to you.

Also if your student is in need of black sweat pants for the colder mornings for PE you can order them here as well.

Show your school spirit and order today!

Use this link below to place your order:

https://www.spiritshop.com/school/california/rocklin/granite-oaks-middle-school

Rocklin Unified Partners with Care Solace for Mental Health Care Coordination

Dear Rocklin Unified Students, Families, and Staff,

The Rocklin Unified School District (RUSD) is committed to the safety and well-being of all students, staff, and families in order to foster a healthy learning environment. This includes mental health. The purpose of this communication is to inform you of a new mental health coordination platform to assist in receiving an additional layer of care for our community.

Care Solace helps individuals find mental health care providers and substance use treatment centers. Their Care Companion[™] team is available 24 hours per day, 7 days per week, and 365 days per year to quickly connect you to carefully verified providers in your community.

Students, staff, and families may access Care Solace services in two ways:

- Call (888) 515-0595 at any time. Support is available in 200+ languages. A dedicated Care Companion[™] will help you every step of the way to research options, secure appointments, and follow up to make sure it is a good fit.
- For an anonymous search, answer a few questions to get matched with an extensive list of care providers at www.caresolace.com/rocklinusd.

Care Solace is now available for use at no cost to you. They will connect you with providers accepting all medical insurances including Medicaid, Medicare, and sliding scale options for those without insurance. All information entered on the Care Solace tool is completely confidential and securely stored.

This service is an optional resource available by choice and is not mandatory to use. Care Solace is not an emergency response service or mental health services provider. In the event of a life threatening emergency, please call 9-1-1 or the National Suicide Hotline 9-8-8.

This complimentary resource is provided by Rocklin Unified and available to all students, staff, and their families. Rocklin Unified is a recipient of a grant through the City of Rocklin's American Rescue Plan Act (ARPA), which contributes to our mental health supports, including Care Solace.

If you are interested in counseling-related services for your child, yourself, or another family member, please contact Care Solace for valuable assistance.

Sincerely, Rocklin Unified School District

